

# How to **SEPARATE** in the **HOME** when someone tested **POSITIVE** for **COVID-19** or **WAS EXPOSED** to **COVID-19**



## For the person who tested **POSITIVE**

1. Stay in one room, as much as possible.
2. Leave a window open, even just a little.



[Credit CDC: Improving Ventilation in Your Home](#)

3. Stay away from other people and pets in your home.
4. Use your own bathroom (when possible). \*If sharing a bathroom, disinfect after use, have and follow a schedule, keep a window open and/or the fan on, leave toilet lid down.

### **WASH HANDS before leaving.**

5. Wear a mask if you must leave your room.
6. Have someone deliver your food to the door – leave empty dishes outside the door.

## For other members of the house who were exposed but not sick or **POSITIVE**

1. Monitor all household members for symptoms.
2. Test **as soon as possible** if symptoms are present. **CALL 307-732-8628 opt 4** for a test and to talk to a nurse.
3. Get tested at the appropriate time after you begin separating if you have no symptoms.
4. Assign **one** person to be the caregiver; ideally someone who is of low risk for developing severe disease.
5. Bring **fresh air into house** (open windows).
6. **Separate all household members from one another**, to the extent possible, to prevent multiple rounds of quarantine.
7. **Bring food to the sick individual's room** – leave outside door.



8. Do not share personal items.

9. **WASH HANDS OFTEN.**

10. Wear a mask.



**For additional information:** [Guidance for Large or Extended Families Living in the Same Household.](#)